

**PROCEDURE FOR INSTRUCTION ON REPRODUCTIVE HEALTH
AND SAFETY EDUCATION**

1. Teachers will use the *standards that* are set out in North Carolina Essential Standards and Education Grades 5-9 and adopted by the State Board of Education during the 2012-2013 school year and supported by Pitt County Schools (PCS) approved materials.
2. A copy of the state-adopted health textbooks and instructional materials will be available for parents to review in the school's media center at least 60 days prior to teaching related objectives.
3. Each school year, the principal or designee shall notify parents of the right to withhold or withdraw consent for their child's participation in any or all portions of the reproductive health and safety education instruction.
4. In order to facilitate instruction in the 7th grade, prerequisite materials will begin in the fifth grade as follows:

Fifth grade topics will include puberty: males and females in separate rooms.

Sixth grade topics will include: the impact of sexual activity outside of marriage, conception and the menstrual cycle.

Seventh grade: the clarifying objectives for Interpersonal Communication and Relationships found in health and safety education. These are as follows:

- Predict short-term and long-term consequences of violence to perpetrators, victims, and bystanders.
- Illustrate strategies that can be used to manage anger in healthy and non-hurtful ways.
- Use structured thinking to avoid becoming a perpetrator or victim in cyber-bullying.
- Explain why tolerance is beneficial in a society characterized by diversity.
- Illustrate the appropriate role of bystanders in preventing and stopping bullying and violence.
- Remember abstinence from sexual activity outside of marriage as a positive choice for young people. Explain the effects of culture, media, and family values on decisions related to becoming or remaining abstinent.
- Identify the positive benefits of abstinence from sexual activity outside of marriage.
- Apply strategies that develop and maintain reproductive and sexual health.

- Recognize common STDs (including HIV and HPV), modes of transmission, symptoms, effects if untreated, and methods of prevention.
- Summarize the safe and effective use of FDA-approved methods of preventing sexually transmitted diseases.
- Recognize that sexual harassment may contribute to sexual abuse, sexual assault and sex trafficking and the feelings that result from these behaviors.
- Use strategies to be safe, reject inappropriate or unwanted sexual advances, and to report incidences to an adult when assistance is needed

Eighth grade: the clarifying objectives for Interpersonal Communication and Relationships found in health and safety education. These are as follows:

- Contrast characteristics of healthy and unhealthy relationships for friendships and for dating.
 - Identify the reasons that people engage in violent behaviors (bullying, hazing, dating violence, sexual assault, family violence, verbal abuse) and resources for seeking help.
 - Explain the effects of tolerance and intolerance on individuals and society.
 - Illustrate communication skills that build and maintain healthy relationships.
 - Use decision-making strategies appropriate for responding to unknown people via the internet, telephone, and face-to-face.
 - Recognize resources that can be used to deal with unhealthy relationships.
5. Certified health educators and/or in-service teachers of health education will teach this subject area. Resource speaker(s) from agencies outside of Pitt County Schools are only to be used as a supplement to the curriculum.
 6. Resource speakers from outside agencies shall follow Pitt County Schools' Reproductive Health and Safety Education Policy and Procedures. It is the responsibility of school personnel to inform resource speakers of the Framework objectives and Pitt County Schools' Guidelines.
 7. Substitute teachers will not teach Reproductive Health and Safety Education. Lessons shall be postponed until the teacher returns. Alternative health lesson plans shall be provided.
 8. Only approved and recommended resources shall be used. The NC School Health Training Center and the North Department of Public Instruction will recommend all resources and support materials.

Legal References: G.S. 115C art. 9; 115C-36, -81(e1); State Board of Education Policies GCS-D-000, GCS-F-007; *Policies Governing Services for Children with Disabilities*, House Bill 88

Cross References: Policy 9.206 (Comprehensive Health Education Program)